

Jelly Bean Childcare Centre
3 Florence Court Dandenong North 3175

Jelly Bean Child Care Centre

Jelly Bean News

Court Parking

As you are all aware the Parking out side the centre is not ideal being in a court. This is why it is imperative that you are so careful when dropping off and picking your children up. Some parents have been pulling in and out of the car park endangering other parents and children. Please take care as you would not want another parent to do this to you or your child.

Updated contacted details

A while ago I sent out forms for families to update their contact detail and emergency contact details. Thankyou to the parent that have returned them, please can you make sure you return them so we have correct contact details for you in case on Emergency

Thankyou
Kate Nye
Centre Manager

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Centre Availability

We have days available in both of our rooms in the centre. If you would like to pick up an extra permanent day please come and see me in the office

Room/ Days	Mon	Tues	Wed	Thurs	Fri
0-3 Room	*	*	*	*	*
3-5 Room	*	*	*	*	*

* Indicates availability on that day
Please Note: These vacancies may change daily.



Philosophy, Broad Goals and Policy Reviews

The centre policies that we will be review for July are the FOOD AND NUTRITION policies. Please note these are located outside the back entrance door and your feed back is important to us



REMINDERS TO PARENTS

PARENT POCKETS- change of location

Parents please note that the parent pockets have now been moved inside the centre to the 0-3 room instead of outside. It is really important that you check your pockets weekly for statements, parent information and any promotions the centre may be having. If you are unable to locate your pocket please see one of the staff members in your child's room or Kate in the office.



NAPPIES

Please remember to supply at least 4-5 nappies per day for your child. Also if you are in the process of toilet training your child, make sure you let the girls in the room know so that we can follow through with while they are in care.



Important event coming up: **July 2009**

07/07/09 Winter Wonderland Day. Come dressed like your going to the snow

22/07/09 Pyjama Day come dressed in your favourite Pyjamas and bring your teddy for a picnic

0-2.5 Room News

Dear parents

In the babies / Toddlers room this month we have been very busy little Jelly Beans. We have been learning about animals and animal sounds, our favourites have to be the Lion, Elephant and of course the Monkey. The older Toddlers have been great using the potty, toilet and keep their nappies dry throughout the day. It would be fantastic if we could keep this going at home as well as it stops any confusion the children might have.

Jenny, Sujatha and Emilie have been encouraging a lot of self help skills with the children such as wiping own noses, wiping hands and faces at lunch times and really encouraging the children to use their words. All of this is going fantastic and the children seem really settled and happy.

We have been extending our Fine Motor skills through blocks, sand and puzzles.

Over the next month we will continue on our animal sounds and start looking at different animals we may have at home. We also will start to focus more on our manipulative skills, including threading, more delicate puzzles, and stacking equipment.

One of the songs that we have been singing that we all love is "If your Happy and you Know it" so here are the words so you can enjoy the song with your children.

If your happy and you know it clap your hands
"Clap Clap"

If your happy and you know it clap your hands
"Clap Clap"

If your happy and you know it then you really ought to show it
If your happy and you know it clap your hands
"Clap Clap".

Other actions can be:

Angry – stamp your feet

Excited – shout hooray

Tired – close your eyes



Toddlers Art Wall



Cotton Bud paintings



Need more information
on Toilet Training??

Look for this poster in
the room

Kinder Room

Dear Parents,

Hi! How are you all? We hope you're well.

As usual, we've been super busy out in the kinder room. Recently we've been discussing weather and seasons. We've talked about how Autumn ends and moves into Winter and have done some craft activities to display our knowledge of the seasons.

We collected and laminated Autumn leaves and have hung some on the kinder room windows. We also cut pieces of cellophane to look like rain drops, and covered them with clear contact.

They look beautiful hanging near the back kinder room window, and helped further our fine motor and coordination skills through cutting and sticking.

Another winter craft we enjoyed was making umbrellas to hang in the room.

Ally, Tash and Erica are so proud of the work the kinder children have been doing. If you haven't had any paintings or pastings come home lately, that's probably why! The staff have been hanging everything up to admire for a little while. We'll send them home soon though!

Please remember to bring hats/beanies and jackets in this cooler weather! Sometimes, we do manage to squeeze in a few mins of quick running time outside. Also, please ensure that anything and everything brought to Jelly Bean is labelled with your child's name. Items do get lost and mixed up with other children's belongings sometimes and it can be very hard to return things if nobody knows who it belongs to. Anything found by the staff will be hung on the hooks in the side kinder room. If we know for sure who it belongs to, we will return it to their bag or to you personally. Please check the hook if something of your child's is missing. And please name everything to make it easier!

Thanks.

Our next topic to focus on is the Human Body. We've started off by setting up a Doctors Surgery Home Corner. All of the kinders have thoroughly enjoyed playing doctors, nurses and patients. This fortnight we will be doing various cutting and pasting experiences relating to the Human Body. We will also continue to have discussions and story times too, to further our self confidence, language and listening and cognitive skills.

Also, last week we had some children from St Gerards Primary School come to read to us. It was nice for all children to be read to by the 'big kids' and for the school children to practise their reading skills with us younger children. They will be coming back again after the school holidays to read to us some more!

Please ensure you pop in to the kinder room to have a look at all of our fine work!

See you around! Take care and stay warm! Love Ally, Tash, Erica and the Kinders ☺



Jelly Bean Doctors Surgery



Natural Leaf Pictures



Natural Leaf Pictures

FROM THE KITCHEN:

Fish, Potato and Cheese Pie

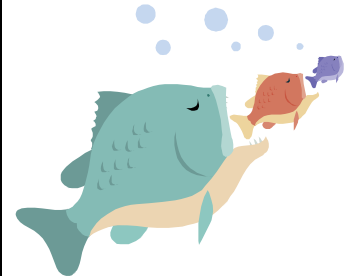
Ingredients:

- 1 tin of tuna
- 5 potatoes
- 1 cup of cheese

Procedure:

Peel and cook potatoes
When potatoes are cooked mash so they are light and fluffy
Mush tinned tuna up so that it is in small pieces.
Mix through the mash potato
Spread in a small baking tray
Cover with cheese
Place in the oven and wait till cheese has melted.
Serve and Enjoy!! 😊

* **Please feel free to ask Lyn for any recipes that we cook at the centre, she will give you a copy.**

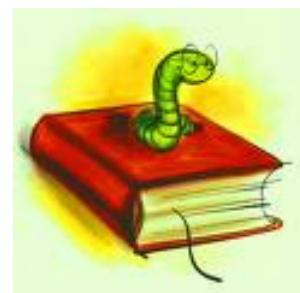


RESOURCES

Please take time to look outside the centre foyer as we have many different resources that may help you at some stage. These include

Behaviour Management Information

- Song Books
- Dental health
- Recipes
- Fact sheets
- Brochures
- Copies of the current newsletter
- Parent Handbooks
- Centre Menu
- Centre Events
- Centre Information



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Parent Information

Healthy Eating!

"My kids won't eat vegetables!"

Set a good example. Eat healthy foods (and look like you enjoy them!). Don't make disparaging comments about foods you dislike.

Kids have small stomachs. Small meals with snacks in-between are easier than three big meals a day. Don't pile food onto their plate.

Children thrive on routine. Keep mealtimes regular and, even though its boring to you, serve them the same meal a few times a week with some variation, once you have hit on something they like.

Bribes - "Eat you Brussel sprouts if you want ice-cream" tend to backfire over time. Children may consume an unappetising food (or medicine) in order to obtain a reward, but that doesn't make them like it. Usually they end up disliking it intensely.

Don't fill them up on fluid (juice, milk, cordial, even water) just before a meal.

Kids tend to eat up if they can serve themselves or help. Little ones can set the table, call everyone to the table, wash and tear lettuce leaves, time the cooking with an egg timer.

For every food, there is almost always a substitute. If they hate vegetables, offer them plenty of fruit; if they won't drink milk, buy yoghurt or cheese; if they dislike chewing meat, try mince dishes, chicken, fish or baked beans.

Don't ignore problems that interfere with eating, such as teething, sore throat, blocked nose, upset tummy.

Keep offering new foods even if kids reject them at first. They need to see them several times before they look 'familiar'.

Fussy eaters are often slow eaters who dawdle over their plate. It is pointless trying to hurry them.

And remember: don't lose your cool at dinner! Simply remove uneaten food (perhaps offer it again later) but don't let them have snacks an hour later.

Plan Ahead!

Planning ahead for the busy times helps you get through them a little easier. Think through the lunches you will be preparing for the next week and make sure you buy the ingredients when you do your regular shopping.

Packing a Lunch

When you're packing a school lunch, there are a few things you need to consider keeping the lunch cool.

Keeping food cool

If food is not stored properly bacteria in and on food can grow and make us sick. That's why it is important to keep school lunches cool. Lunches usually kept in children's school bags all day, and are likely to get warm. Foods such as meat or cheese sandwiches, milk, cheese and yoghurt need to be kept cool. Here are some ideas:

To keep food fresh, wrap sandwiches in plastic wrap or put in snap-lock plastic bags.

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Get a lunch box that includes a small water bottle. Fill bottle with water and freeze it. Place in lunch box to keep food cold.

Freeze small tetra packs of milk or juice

If you make lunches the night before, keep them in the fridge overnight



Healthy Lunch Ideas!!!

Fruit in season

Vegetables with yoghurt

Pita bread, filled with salad vegetables or tabouli and rissoles

Water

Pike lets

Frozen UHT Milk

Vegetarian pizza / or a sandwich

Vegetable pack

Fruit salad

Yoghurt

Egg, tomato and cheese sandwich

Vegetable sticks

Slice of fruit loaf

Dried fruit and nuts

Frozen UHT Milk drink

Bread roll filled with vegetables, cheese and slice of lean roast beef

Grapes

